



CCHS Parents Association Presents

Julie Lythcott-Haims

Wednesday, March 16th, 7:00 pm
CCHS Auditorium, 500 Walden Street, Concord

Helicopter parenting...
Snowplow parenting...
Overparenting...

With the best intentions, are we setting our children up to **fail**?

Recent studies suggest that kids with overinvolved parents suffer psychological blowback including anxiety, depression and self-harm. Julie Lythcott-Haims, former Dean of Freshman at Stanford University and best selling author of *How to Raise An Adult* shares her experiences and advice for parents of children of all ages highlighting ways in which overparenting harms children, parents and society at large. Julie offers practical alternative strategies that underline the importance of allowing children to make mistakes and develop resilience, resourcefulness and inner determination.

Register

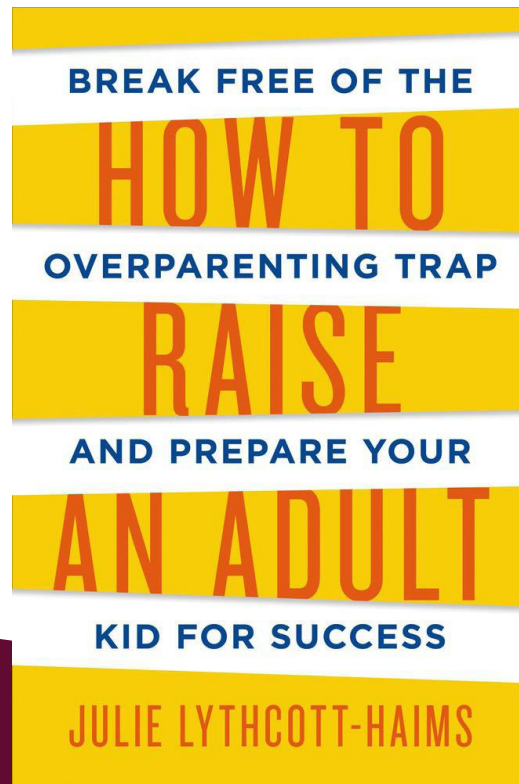
This event is offered **FREE** of charge but registration is required.

Meet the Author

Purchase a VIP ticket and get access to the exclusive Meet & Greet book signing after the presentation. Includes a hardcover copy of the book.

Open to ALL

Parents, guardians, educators and community members are encouraged to attend.



“Julie Lythcott-Haims is a national treasure.... Reminding us that we are charged with transforming children into adults capable of meeting the challenges of life “head-on, Lythcott-Haims dispenses compassion and a good kick in the pants in equal and appropriate measure.”

Madeline Levine, author of the New York Times bestsellers *The Price of Privilege*

Thank you to these community partners for endorsing and promoting this event:

